

Five Tips for Results Day and Clearing 2026



1. Access dedicated Clearing resources

Get ready for Results Day with a free collection of Clearing resources, designed to help you make informed decisions with confidence. Listen to our special The Uni Guide Podcast: Clearing Special, featuring experts from the University of Southampton and the University of Staffordshire. Next, explore a series of short videos answering the questions Year 13 students are asking most about Clearing and Results Day, featuring experts from Aberystwyth University, Keele University, Middlesex University London, Northumbria University, and the University of Staffordshire. You'll find impartial advice to help with every step of the journey.



2. Consider your options

Before calling a university Clearing team, we recommend you research the following:

- Your preferred courses at different universities
- Dual or joint degrees, where you study one subject with another. Or Foundation course options that lead to your desired degree.
- Completely different degrees which you are interested in. You can listen to the On Demand Platform for subject tasters: unitasterdays.com/ondemand

University	Degree name and course code	Grades they currently ask for (they may reduce on results day!)	Clearing contact number

3. Know your why

Clearing teams may ask why you are interested in your chosen course at their university. Don't worry too much about your answers. The Clearing team will know you are calling on a busy day without time for detailed research.

Speak from your heart, offer your personal thoughts about the subject, and briefly share your interest in their university. You may wish to prepare a few lines using the space below.

4. Prepare for your Clearing calls

Clearing teams will ask you to provide the information below. Complete this template, then keep this with you during your phone calls, so you are ready to provide your answers. Remember: Universities will need to speak directly with you about your application. This is unless you have taken steps to authorise someone else to call on your behalf.

UCAS ID: _____

GCSE English: _____

GCSE Science: _____

GCSE Maths: _____

Post-16 subjects and grades

5. Remember your worth – a top tip from Leah, co-host of The Uni Guide Podcast

Clearing is your chance to find the perfect university and course for you. It's not just for those who missed out on their offers; it's also for those who exceeded them or are applying later than others.

No matter the situation, every year, thousands of students use Clearing to secure a university place, often finding it to be the best thing that could have happened to them.

If you didn't meet the requirements of your original offer, remember this doesn't define you or your abilities. You've worked incredibly hard. Talk to your loved ones, friends, school, or circle. Reflect on your journey and remember your worth.

